

Russell & Chapple Imperial / Metric Weight Converter

Ounces per square yard	Grammes per square metre
4	136
4 1/2	153
5	170
5 1/2	187
6	204
6 1/2	221
7	238
7 1/2	255
8	272
8 1/2	289
9	306
9 1/2	323
10	340
10 1/2	357
11	374
11 1/2	391
12	408
12 1/2	425
13	442
13 1/2	459
14	476
14 1/2	493
15	509
15 1/2	526
16	543
16 1/2	560
17	577
17 1/2	594
18	611

Grammes per square metre	Ounces per square yard
130	3 5/6
150	4 2/5
170	5
190	5 3/5
205	6
210	6 1/6
230	6 7/9
240	7
250	7 1/3
270	8
290	8 1/2
300	8 5/6
305	9
320	9 3/7
340	10
350	10 1/3
370	10 8/9
390	11 1/2
410	12
430	12 2/3
450	13 1/4
470	13 5/6
490	14 3/7
510	15
530	15 3/5
550	16 1/5
570	16 7/9
590	17 3/8
610	18